

Weekly Newsletter | *April* 10th, 2017

AND THE JOURNEY BEGINS....

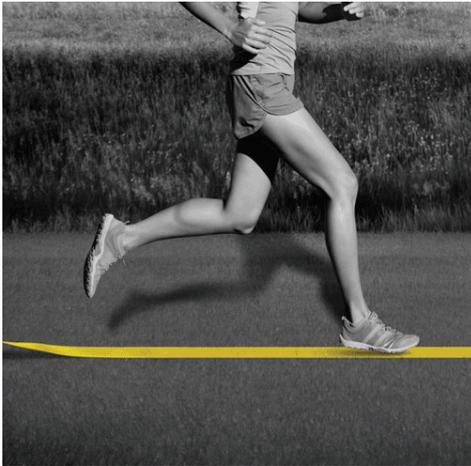
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THE CLOCK IS NOW



TICKING

The die is cast - the clock is now ticking. At this point, it is often apparent to the athlete what manner of race this would be. Whether or not; one is sure of victory, this particular race goes on. There are also numerous times one is confident of victory and it does not happen. The point is, not one race or journey makes a lifetime. There are many races to run, journeys to make, battles to fight and one failing therefore does not make a failure, while one victory does not make success. A successful life occurs where in a man's life, the daily victories outnumber the failings.

The very important principle is to forget the past - the victories and failings alike and reach out to the future. One can not embrace the future where one holds on to the past especially the accompanying emotions and sentiments. This does not mean denying the current happenings. By all means, acknowledge and celebrate, celebrate and celebrate every victory. It helps release positive energy - especially emotionally and enables one to prepare for and pursue greater victories. Secondly, we must learn from past failings what went wrong and how to improve for future outings. Remember, the most devastating mistakes are those that are repeated!!

Denial is an hinderance to improvement. As you move on, take the lessons with you and continuously work on improving. More often than not, until one learns from and correct past mistakes, it is difficult to go onto better things.



Now let's turn to preparation for a life of continuous success. Remember, there is no magic here, success is not accidental. Success is the inevitable outcome of a diligent obedience to laws. The foundational law is the law of preparation - begins with self-discovery or exploration/adventure then self-development or education/learning and self-deployment ... let's go!!

Today's events are a result of yesterday's preparation or lack of it, and little can be done today to significantly change today's outcome. **The best and most**



appropriate time to start preparing for tomorrow is TODAY, and the most effective way is to improve on yesterday's preparation/failings and leverage on today's winnings.

SUCCESS IS THE INEVITABLE OUTCOME OF A DILIGENT OBEDIENCE TO LAWS.

Not only does preparation take significant effort, it takes time. The truth is; time is life and you have got control only over TODAY, please ensure it is not wasted. Yesterday is gone and would never come back, while tomorrow is the prerogative of God. Allocate some moments preparing for a great tomorrow while you are ensuring today goes down well. Late preparation is as ineffective as no preparation at all and worse because it comes with same effort and sacrifice but more often than not, with some apparent, avoidable, and sub optimal results.

Proactivity refers to controlling a situation by causing something to happen rather than waiting to respond after it happens. Success is left to chance where proactivity is missing in our preparations. Give all it takes to learn this virtue, it turns ordinary people into stars!!

Fortunately, for most of us our preparation starts long before we are mature enough to take charge of our preparation ourselves under the tutelage of our parents. I must comment that those of us who had/ have hands on, proactive and Godly parents have a definite advantage we must not



ignore. Let me give a resounding KUDOs to those parents and if you are one, well done!!! **If you have received and or are still receiving such parental support, please take time to call your parents and celebrate them.** However strong the parental support you have or are still receiving; the earlier in life, we take personal responsibility for our preparation the higher the probability of an effective preparation and eventual success.



The problem is, too many of us refuse to take responsibility for our preparation, which is the trigger for a blame game in future. When the inevitable lifes' pressures set in, we place the responsibility for resolution on our parents or for those with proactive parents, refuse to take over from them. Eventually, when we become obviously too old for ' hands on parenting' , we shift the responsibility to our teachers and then to our boss , then our friends and finally to our spouse!! What a shame!! Not only is it impossible for the

blame game to fix the problem, it makes it difficult for the solutions to be sought and applied. Please desist from the blame game no matter how sensible it appears to be , doing so is the first step to resolving the problems.

The evidence that you are ready for an effective preparation is therefore taking personal responsibility for your life , which usually starts with a self discovery process.



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